Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat Chicken Caesar Wrap Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Soybeans, Wheat Chicken Patty Carbs: 41 * Soybeans, Wheat * Soybeans, Wheat Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Soybea	Monday	Tuesday	Wednesday	Thursday	Friday
* Milk, Soybeans, Wheat * Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat * Milk, Fish, Soybeans, Eggs, Wheat * Milk, Soybeans, Wheat * Milk, Soybe	Entrees	Entrees	Entrees	Entrees	Entrees
* Milk, Soybeans, Wheat * Milk, Soybeans, Whe					
Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat * Milk, So	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
*Soybeans, Wheat *Soybe					
Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Litalian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Spicy Chicken Patty HS Carbs: 41 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Soybeans, Wheat Chicken Patty HS Carbs: 41 * Soybeans, Wheat Chicken Caesar Wrap * Milk, Soybeans, Wheat Chicken Patt	Carbs: 43	Carbs: 43	Carbs: 43	Carbs: 43	PIZZA CHEESE
Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Litalian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 40 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 40 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty Carbs: 41 * Soybeans, Wheat Chicken Caesar Wrap Carbs: 43 * Cheese Hoagie MS/HS Carbs: 43 * Chicken Caesar Wrap Carbs: 49 * Milk, Fish, Soybeans, Eggs, Wheat Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 41 * Soybeans, Wheat Chicken Caesar Wrap Chicken Caesar Wrap Carbs: 42 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 41 * Soybeans, Wheat Chicken Caesar Wrap Chicken Caesar Wrap Chicken Caesar Wrap Chicken Patty * Milk, Soybeans, Wheat Chicken Patty * Milk, Soybeans, Wheat Chicken Caesar Wrap Chi	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·		· · · · · · · · · · · · · · · · · · ·	Carbs: 41
* Milk, Fish, Soybeans, Eggs, Wheat * Milk, Fish, Soybeans, Wheat * Milk, Fish, Soybeans, Wheat * Milk, Fish, Soybeans, Wheat * Milk, Soybeans, Whe	•	•	•	•	
Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 49 Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Chicken Patty Carbs: 41 * Soybeans, Wheat * Milk, Soybe	* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,	
Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 41 * Chicken Patty HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty HS Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty Carbs: 37 * Milk, Soyb					
* Milk, Soybeans, Wheat Carbs: 40 Milk, Soybeans, Wheat Milk, Soybeans, Wheat Milk, Soybeans, Wheat Chicken Patty Carbs: 37 Milk, Soybeans, Wheat Milk, Soybeans, Wheat Chicken Patty Carbs: 37 Milk, Soybeans, Wheat Soybeans, Wheat Carbs: 49 Milk, Soybeans, Wheat Milk, Soybeans, Wheat Soybeans, Wheat Carbs: 49 Milk, Soybeans, Wheat Milk, Soybeans, Wheat Carbs: 49 Milk, Soybeans, Wheat Carbs: 41 Soybeans, Wheat Chicken Patty HS Carbs: 41 Soybeans, Wheat Chicken Patty Chicken Patty HS Carbs: 41 Soybeans, Wheat Chicken Patty Chicken Patty Carbs: 41 Soybeans, Wheat Chicken Patty Chicken Patty Chicken Patty Carbs: 41 Soybeans, Wheat Chicken Patty Chicken Patty Carbs: 41 Soybeans, Wheat Chicken Patty					
Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Chicken Patty Carbs: 49 Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Carbs: 37 Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Carbs: 41 Chicken Patty Spicy Chicken Patty HS Carbs: 41 Chicken Patty Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Pat					
Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Spicy Chicken Patty Carbs: 41 * Soybeans, Wheat Carbs: 37 Carbs: 49 Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat Carbs: 37 Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Chicken Patty Carbs: 37 Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Chicken Patty Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Chicken Patty Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Chicken Patty Chicken Patty Carbs: 49 * Milk, Soybeans, Wheat Carbs: 41 * Soybeans, Wheat Carbs: 41 * Soybeans, Wheat Carbs: 41 * Soybeans, Wheat Carbs: 41					
* Milk, Soybeans, Wheat * Milk, Soybeans, Whe					
Spicy Chicken Patty HS Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Spicy Chicken Patty HS Carbs: 41 Chicken Patty Spicy Chicken Patty HS Carbs: 41 Carbs: 41 Soybeans, Wheat Soybeans, Wheat Soybeans, Wheat Soybeans, Wheat Chicken Patty Carbs: 41 Soybeans, Wheat Chicken Patty		Carbs: 49			
* Soybeans, Wheat * Carbs: 37					* Milk, Soybeans, Wheat
	Carbs: 41		Carbs: 41	Carbs: 41	
Time, Odyboand, Whoat	* Soybeans, Wheat	* Milk, Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	Chicken Patty Carbs: 37
Roasted Pear Salad with	Roasted Pear Salad with		Roasted Pear Salad with	Roasted Pear Salad with	
Chicken and Cheddar Spicy Chicken Patty HS Chicken and Cheddar Chicken and Cheddar Carbs: 48 Carbs: 48 Spicy Chicken Patty HS					
* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	* Soybeans, Wheat	* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	Carbs: 41
Roasted Pear Salad with					
Grilled Cheese Chicken and Cheddar SMUCKER 5.3 OZ SMUCKER 5.3 OZ Roasted Pear Salad with		Chicken and Cheddar			
Carbs: 64 Carbs: 48 UNCRUSTABLE PEANUT UNCRUSTABLE PEANUT Chicken and Cheddar * Milk, Soybeans, Wheat * Milk, Soybeans, Eggs, BUTTER AND GRAPE TWP BUTTER AND GRAPE TWP Carbs: 48					
Wheat Carbs: 64 Carbs: 64 * Milk, Soybeans, Eggs, * Peanuts, Wheat * Peanuts, Wheat Wheat					
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT Nachos Bell Grande (w/ beef					
BUTTER AND GRAPE TWP crumbles) Buffalo Chicken Cheese Buffalo Chicken Cheese SMUCKER 5.3 OZ Carbs: 64 Carbs: 7 Steak Steak UNCRUSTABLE PEANUT		crumbles) `			
* Peanuts, Wheat	* Peanuts, Wheat	* Soybeans, Wheat	Carbs: 50	Carbs: 50	BUTTER AND GRAPE TWP
* Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, * Carbs: 64 Wheat Wheat * Peanuts, Wheat *					
Buffalo Chicken Cheese SMUCKER 5.3 OZ Steak UNCRUSTABLE PEANUT Carbs: 50 BUTTER AND GRAPE TWP	Steak	UNCRUSTABLE PEANUT			
* Milk, Soybeans, Eggs, Carbs: 64 Wheat * Peanuts Wheat	* Milk, Soybeans, Eggs,	Carbs: 64			

* Peanuts, Wheat

Wheat

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Patty HS 9/10 w/Kaiser	Buffalo Chicken Cheese Steak	Chicken Patty HS 9/10 w/Kaiser	Chicken Patty HS 9/10 w/Kaiser	Buffalo Chicken Cheese Steak
Carbs: 36	Carbs: 50	Carbs: 36	Carbs: 36	Carbs: 50
* Soybeans, Wheat	* Milk, Soybeans, Eggs,	* Soybeans, Wheat	* Soybeans, Wheat	* Milk, Soybeans, Eggs,
	Wheat			Wheat
Chasashurgar		Diago Durgor	Chaary Hat Chiakan	
Cheeseburger Carbs: 31	Chicken Patty HS 9/10	Pizza Burger Carbs: 37	Cheezy Hot Chicken Chunks GC	Chicken Patty HS 9/10
* Milk, Soybeans, Wheat	w/Kaiser	* Soybeans, Wheat	Carbs: 22	w/Kaiser
·	Carbs: 36		* Milk, Eggs, Wheat	Carbs: 36
	* Soybeans, Wheat			* Soybeans, Wheat
Sides		Cheeseburger		
		Carbs: 31	Cheeseburger	
ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP	Cheeseburger	* Milk, Soybeans, Wheat	Carbs: 31	Cheeseburger
CANNED TWP	Carbs: 31		* Milk, Soybeans, Wheat	Carbs: 31
Carbs: 23	* Milk, Soybeans, Wheat	Sides		* Milk, Soybeans, Wheat
		Sides	Sides	
	Sides	Peanut Butter and Graham		Sides
Peanut Butter and Graham		Cracker	SWEET POTATO FRIES	
Cracker	Peanut Butter and Graham	Carbs: 22	7/16" CRINKLE-CUT	Sidekicks Frozen
Carbs: 22	Cracker	* Peanuts, Soybeans, Wheat	XLONG FZN TWP	BlueRaspberry-Lemon
* Peanuts, Soybeans, Wheat	Carbs: 22 * Peanuts, Soybeans, Wheat		Carbs: 23	Carbs: 23
		Rainbow Chopped Salad		-
Rainbow Chopped Salad		Carbs: 96	Cucumber and Tomato	Carrots & Celery
Carbs: 96	Rainbow Chopped Salad	* Milk, Soybeans, Eggs,	Salad HS	Carbs: 8
* Milk, Soybeans, Eggs,	Carbs: 96	Wheat	Carbs: 7	
Wheat	* Milk, Soybeans, Eggs,			Peanut Butter and Graham
	Wheat	Carrots, Baby, Fresh,	Peanut Butter and Graham	Cracker
Carrots, Baby, Fresh,		Individually Wrapped	Cracker	Carbs: 22
Individually Wrapped	Carrots, Baby, Fresh,	Carbs: 6	Carbs: 22	* Peanuts, Soybeans, Wheat
Carbs: 6	Individually Wrapped		* Peanuts, Soybeans, Wheat	
	Carbs: 6	BROCCOLI, FRESH		Rainbow Chopped Salad
Cucumber Slices		Carbs: 6	Rainbow Chopped Salad	Carbs: 96
Carbs: 1	APPLESAUCE,		Carbs: 96	* Milk, Soybeans, Eggs,
	STRAWBERRY BANANA		* Milk, Soybeans, Eggs,	Wheat
LILINANALIO DI AINI TUD DEE	UNSWEETENED SS	APPLESAUCE, CINNAMON	Wheat	
HUMMUS, PLAIN TUB REF TWP	PLASTIC CUP	UNSWEETENED SS PLASTIC CUP TWP		Tossed Salad
Carbs: 5	Carbs: 14	Carbs: 14	Carrots, Baby, Fresh,	Carbs: 6
			Individually Wrapped	
	HUMMUS, PLAIN TUB REF		Carbs: 6	
Assorted Fresh Fruit	TWP	HUMMUS, PLAIN TUB REF		Carrots, Baby, Fresh,
	Carbs: 5	TWP		Individually Wrapped
Campbell's Classic		Carbs: 5	Mixed Berries	Carbs: 6
Condensed Tomato Soup	PINEAPPLE, CHUNK IN			
TWP	JUICE CANNED TWP	Assorted Fresh Fruit	Biscuit, Baked Easy Split	HUMMUS, PLAIN TUB REF
Carbs: 20	Carbs: 22	-	WG 2oz MS/HS TWP	TWP
* Wheat		Oro Ido® Body and Codiy	Carbs: 22	Carbs: 5
		Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS	* Milk, Wheat	
	Assorted Fresh Fruit	Carbs: 17		Assorted Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Milk	Sides	Milk	Sides	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34	Black Bean and Corn Salad Carbs: 37 RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34	HUMMUS, PLAIN TUB REF TWP Carbs: 5 Assorted Fresh Fruit	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34
Milk, Low-fat (1%), With	CRAISINS CHERRY	Milk, Low-fat (1%), With	Milk	Milk, Low-fat (1%), With
Added Vitamin A and Vitamin D FLAVO Carbs: 12 * Milk	FLAVORED POUCH Carbs: 28 Milk	Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
	Milk, Chocolate, Non-fat, With Added Vitamin A and		Milk, Strawberry, Fat Free Carbs: 34	
	Vitamin D <i>Carbs: 34</i> * <mark>Milk</mark>		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D	
	Milk, Strawberry, Fat Free Carbs: 34		Carbs: 12 * <mark>Milk</mark>	
	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs:</i> 12 * Milk			

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